



Weill Cornell Medicine

A few thoughts about careers in aging (and HIV)

Eugenia L. Siegler, MD

15th International Workshop on HIV and Aging

October 25, 2024



DISCLOSURES

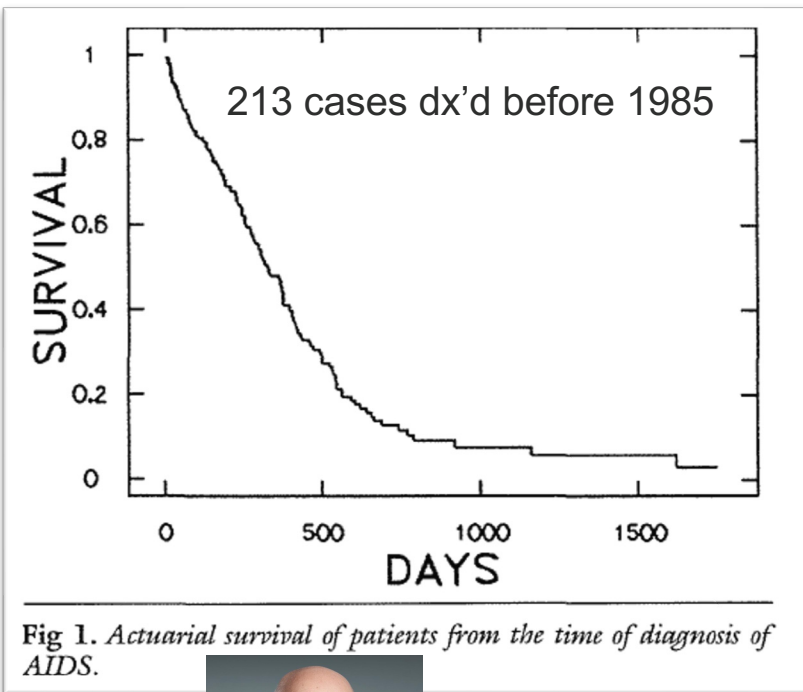
I have no conflicts of interest, but I am an Emerita Professor.

3



Ceci n'est pas une pipe.

HIV/AIDS has bookended my career



Robert Holzman

Siegler and Holzman,
Medical Rounds Vol 2 No 5
September-October 1989



2014

Increased Longevity in HIV: Caring for Older HIV-Infected Adults

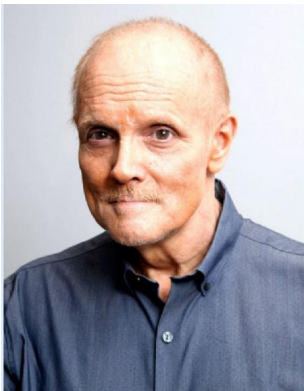
Susan C. Ball, MD, MPH
New York Presbyterian Hospital



I found my first set of collaborators and started geriatric consultations for older PWH at Weill Cornell's CSS



Mark Brennan-Ing



Steve Karpiak



Dick Havlik



Marshall Glesby





Harjot K. Singh

Our first funding was from a foundation interested in **aging**



We were able to contribute even before we had data

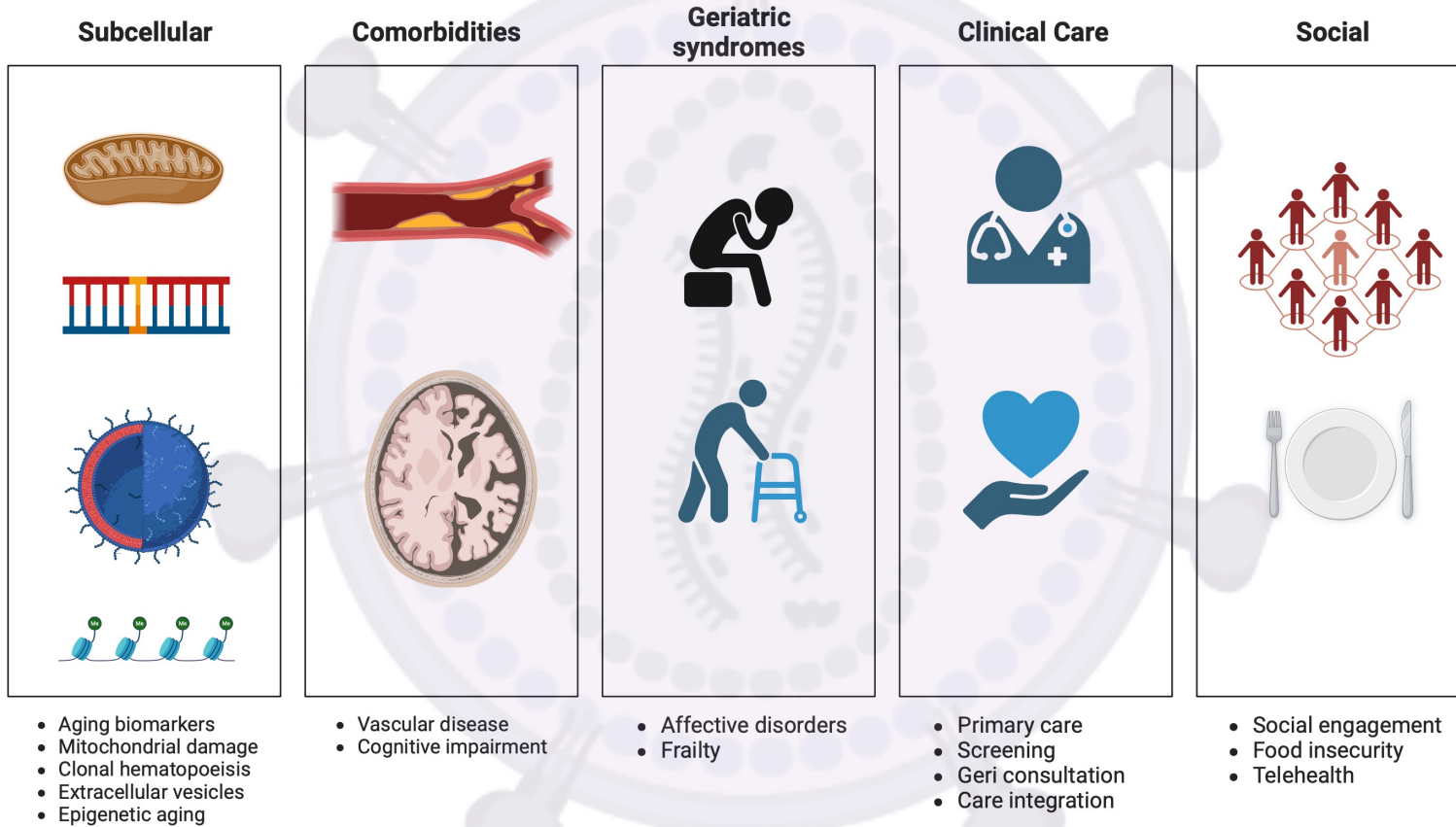
<p><i>Clinical Infectious Diseases</i></p> <p>EDITORIAL COMMENTARY</p> <p>Geriatric-HIV Medicine Is Born</p> <p><small>Giovanni Guaraldi¹ and Kenneth Rockwood²</small></p> <p><small>¹University of Modena and Reggio Emilia, Italy and ²Dalhousie University, Halifax, Nova Scotia, Canada</small></p> <p><small>(See the Review Article by Singh et al on pages 501–6.)</small></p>	<p><i>Clinical Infectious Diseases</i></p> <p>REVIEW ARTICLE</p> <p> </p> <p>From One Syndrome to Many: Incorporating Geriatric Consultation Into HIV Care</p> <p>2017</p> <p>Harjot K. Singh,¹ Tessa Del Carmen,² Ryann Freeman,^{2,3} Marshall J. Glesby,¹ and Eugenia L. Siegler²</p> <p><small>Divisions of ¹Infectious Diseases and ²Geriatrics and Palliative Medicine, Weill Cornell Medical College; and ³ACRIA, Center on HIV and Aging, New York</small></p>
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Adapting Systems of Care for People Aging With HIV

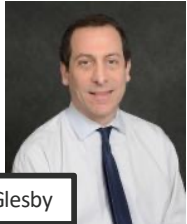
Eugenia L. Siegler, MD*
Mark Brennan-Ing, PhD

JANAC, 2017

Our team is interested in the effect of HIV on aging at many levels



Created with biorender.com



Marshall Glesby



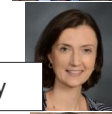
Carrie Johnston



Sara Czaja



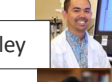
Wally Boot



Emily Frey



Atami De Main



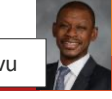
Michael Corley



Mary Choi



Heather Derry-Vick



Lish Ndhlovu

In the meantime, outside the office...



A lecture for PRN (run by James Braun) led to

<https://www.prn.org>



A reunion with Charles Gonzalez (Medical Director of the NYS AIDS Institute), which led to



A lecture to the Community Advisory Council of the AI, and an introduction to John Wikiera



Which led to the establishment of the LTS/Aging subcommittee of the NYS AI

And this connected me to community-based participatory research and state-wide QIPS

Journal of Community Health
<https://doi.org/10.1007/s10900-024-01362-5>

ORIGINAL PAPER

Check for updates

Improving Care for People Aging with HIV: A Collaborative Quality Improvement Approach

Daniel Belanger¹ · John Wikiera¹ · Marz Albarran² · Anita Zhu¹ · Nicole Fera¹ · Rebecca Glassman³ · John Hartigan¹ · Eugenia L. Siegler⁴ 

Media, LLC, part of Springer Nature 2024





Dan Belanger



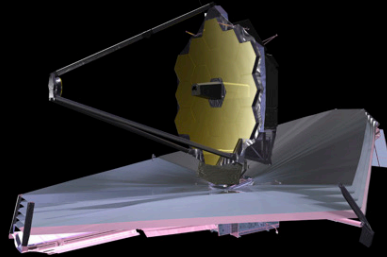
Maria Brown

Innovation in Aging, 2023, 7, 1–10
<https://doi.org/10.1093/geroni/igad107>
Advance access publication 25 September 2023
Original Research Article

 
GERONTOLOGICAL SOCIETY OF AMERICA

Using Community-Based Participatory Research to Develop Care Recommendations for People Aging With HIV

<https://pbs.twimg.com/media/EUIV61ZUwAlqu10.jpg>



HST
2.4 m



JWST
6.5 m

1 μ m 10 μ m 100 μ m

Hubble

JWST

Infrared



Orion nebula

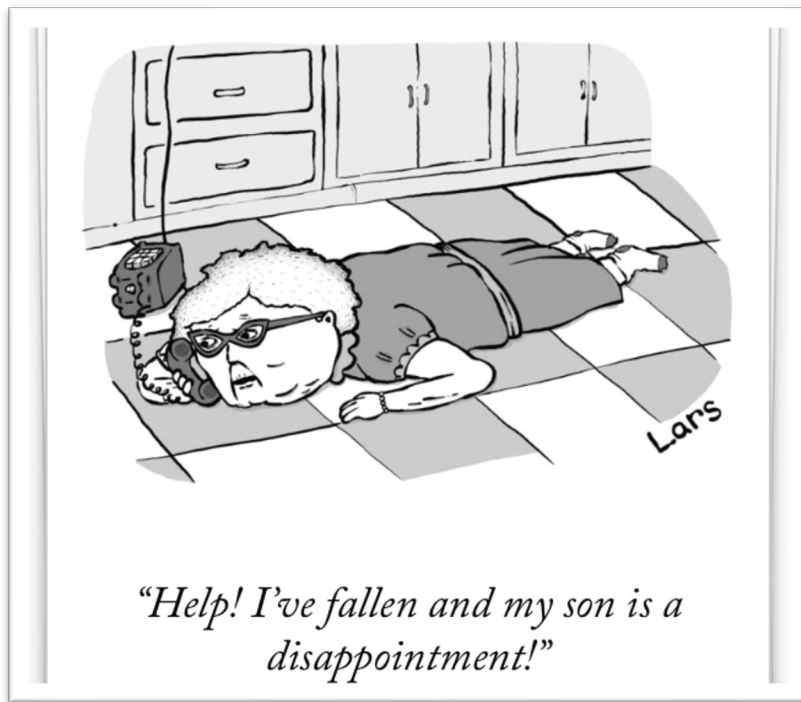
https://img.generation-nt.com/nebuleuse-orion-hubble-jwst_078000001684245.png

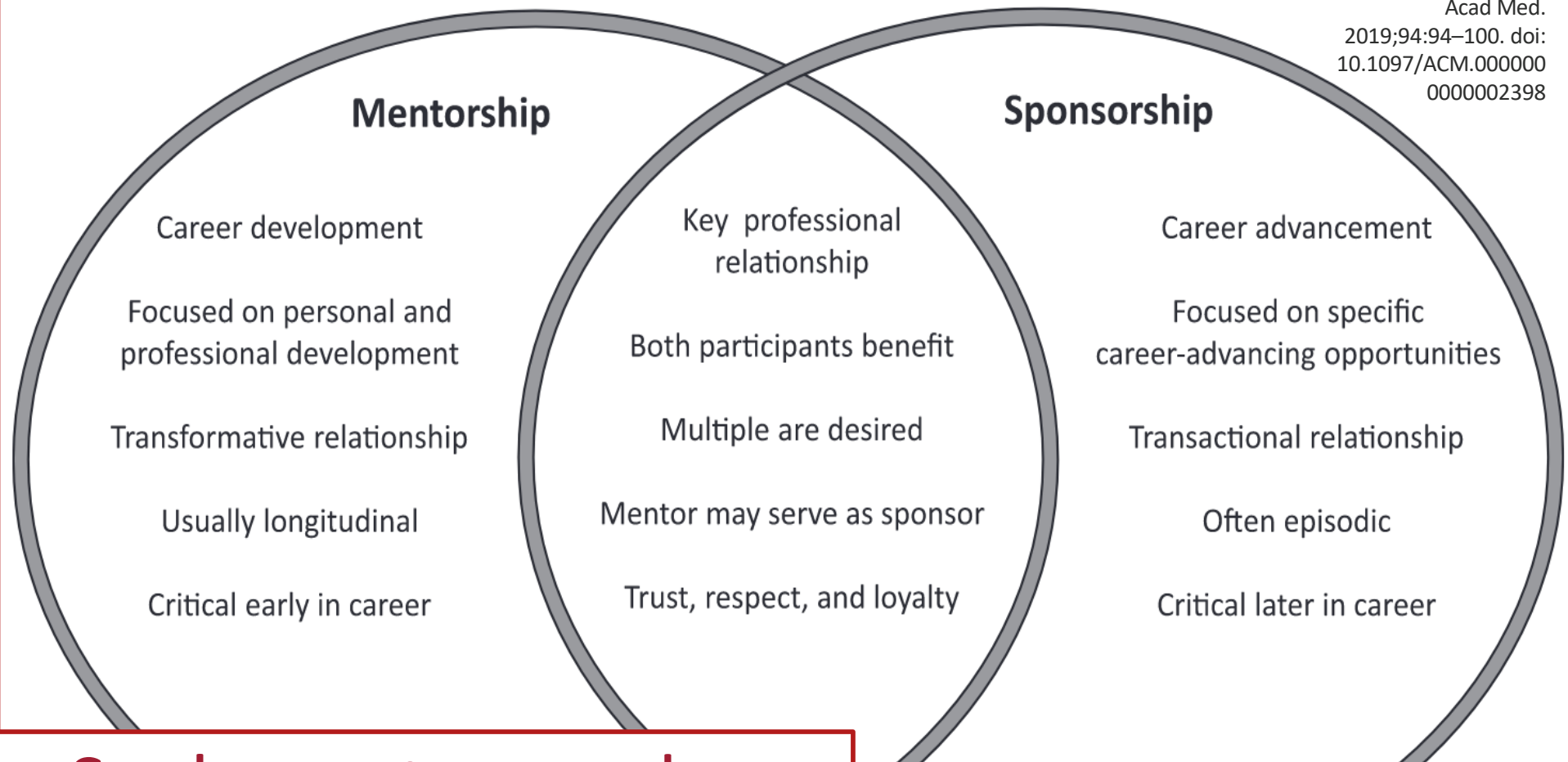
Having a different lens can enable you to make important contributions to HIV/aging



**Aim for a true
collaboration**

Beware of ageism - external and internalized





Seek mentors and
sponsors

WORKING LIFE

By Erika Moore

26 MARCH 2021 • VOL 371
ISSUE 6536

The more mentors, the merrier

I am fortunate for all my collaborator-mentors

- **Weill Cornell/NYP**
 - Marshall Glesby
 - Carrie Johnston
 - Sara Czaja
 - Mario Hernández
 - Marco Ceruso
 - Atami De Main
 - Chelsie Burchett
 - Jared Moxley
 - Mary Choi
 - Harjot K. Singh
 - Wally Boot
 - Michael Corley
 - Lish Ndhlovu
 - Sam Merrick, Susan Olender, and the faculty of CSS and CHP
- **NYS AIDS Institute**
 - Dan Belanger
 - Charles Gonzalez
 - John Hartigan
 - CQII SPNS collaborative
- **External academic institutions**
 - Heather Derry-Vick
 - Mark Brennan-Ing
 - Maria Brown
- **People with lived experience**
 - John Wikiera
 - Marz Albarran
 - Dana Diamond
 - Lawrence Francis
 - My patients



To summarize:

- Explore areas adjacent to your expertise; the best time to read the room is when you first enter it
- Be prepared for ageism
- Don't just talk to people with lived experience, truly collaborate with them
- Take mentoring seriously - as a peer and as a mentee
- Your first job is exactly that

Questions?

Also read: Ed Yong's *An Immense World*

